

Knoxville Vet Center

May 2024

CURRENT VET CENTER GROUPS:

BushMasters: Vietnam Veterans:
Monthly Group Mtg, 2nd Monday
each month.

VolPlatoon – Mixed MST Group:
Monthly Group Mtg on Fridays.

Angry Bunch: Mixed Era Group:
Weekly Group Mtg on Tuesdays.

Female Veteran Group: 2nd and
4th Wednesdays of each month.

PTSD Combat Vet Group: 2nd
and 4th Wednesdays of each mo.

Spouse Support Group Mtg, 2nd
Monday each month.

Call for more information on

GREETINGS FROM KNOXVILLE VET CENTER STAFF!

We hope this newsletter finds you all doing well. It is our privilege to provide services to our nation's finest and to your families! Thank you for allowing us to be part of your healing journey.

In this newsletter you will find ways to connect with the Vet Center and/or Community resources to ensure you are provided with the necessary services that can assist you on your healing journey.

Thank you again for your service to our country and for trusting us to be part of your lives. We wish you all continued success in living fulfilling lives.

~Sincerely,
Knoxville Vet Center Staff
(Colleen, Travis, Lyle & Melissa)



1645 Downtown West Blvd, #28-30

Knoxville, TN 37919

PH: 865-633-0000

Fax: 865-985-7923

Hours of Operation:

Monday – Friday 0800-1630

Closed: Federal Holidays

Vet Center Announcements:

We are pleased to announce the following new group at the Vet Center: Spouse Support Group. This group will meet at our center on the 2nd Monday of each month from 10-12. Please contact the office for more information.

Need Assistance with your Benefits, DD214 upgrades, Burial? Every Monday from 0900-1500, TN State Dept of VA Veteran Service Officer, Joseph, will be at the Vet Center to answer all your benefit related questions.

Upcoming Local Events:

Irreverent Warriors Silkies Hike – Knoxville. May 11th 0800-1800. Silkies Hikes are inclusive events for Veterans attend by boots, salt ole vets, and everyone in between. They are meant to bring veterans together using humor and camaraderie to improve mental health and prevent veteran suicide. For more information go to: irreverentwarriors.com

VVA's Annual "Welcome Home" Picnic for all Veterans, Military Personnel, and their guests.

When: **May 18th** at Chilhowee Park, 3301 East Magnolia Ave (look for the large picnic pavilion/shelter). Hosted by: Capt Bill Robinson Chapter 1078 – Vietnam Veterans of America – Knoxville. Please RSVP to VVA1078@gmail.com Opening Ceremonies start at 11:00 am and chow line opens at 11:30 am til 1:30 pm. Lawn Chairs are welcomed and encouraged.

American Job Center Veteran Employment and Resource Fair – May 22nd from 1000-1400.

Location: Pellissippi State Community College Hardin Valley Campus: 10915 Hardin Valley Rd. J.L. Goins Administration Building. POC: Christopher.Mathison@TN.gov or Brittany.Mariano@tn.gov

Free Yoga for Military Members: May 29 from 3-5pm Veterans of Foreign Wars Post 515 is excited to start VETOGA classes for military members, veterans, and their families and you do not have to be a member of the VFW to participate. The class will be instructed by Col. Kerry Lovely (ret.) who instructed this class during her tour as the TEC commander at JBANG McGhee Tyson. The VFW Post is located at 2561 Hobbs Rd. Louisville, TN (behind the Air National Guard Base). Additional information is on the flier. Please contact Doug Burt (865) 724-5167 with any questions.

MOPH Military Order of the Purple Heart - Monthly Meeting: When: Tue, May 21, 6pm – 7pm
Where: Shoney's Powell, 315 E Emory Rd, Powell, TN 37849. **Description:** Military Order of the Purple Heart Knoxville Chapter # 356 Knoxville, TN. This group meets the 3rd Tuesday of the Month at 6:00 PM. **COMMANDER:** Charlie Cardwell (865) 310-7045 [ccardwell@gmail.com](mailto:cocardwell@gmail.com) **SENIOR VICE COMMANDER:** Mark Brogan (865) 951-2528. Come early if you want to eat. Spouse and Guest are Welcome.

Memorial Day: American Legion Post 2 conducts the annual Knoxville Memorial Day Ceremony each year at the East Tennessee Veterans Memorial, located in World's Fair Park. The ceremony begins at 11:30 AM. Post members also assist each year with the Memorial Day flag placement at the Tennessee State Veterans Cemeteries in Knox County.

Vet-to-Vet Café: Covenant HomeCare and Hospice sponsored monthly event to honor and connect with fellow veterans. Enjoy coffee, pastries, and great company as we celebrate the spirit of service. Whether reconnecting or meeting new friends, it's the perfect spot for camaraderie and fellowship. Here are the details:



Knox Vet Center Staff

Colleen Miller, Director, LCSW

Travis Jones, Readjustment Counselor,
LPC

Melissa Watson, Readjustment
Counselor, LMSW

Lyle Allen, Veteran Outreach Program
Specialist (VOPS)

PSA – vacant

After Hours Care:

If you need of assistance after
our normal business hours,
please call:

1-877-War-Vets (927-8387) (Vet
Center Call Center)

Dial **988** then **Press 1** or **Text**
838255 (Veteran Crisis Line)

865-539-2409 (TN Mobile
Crisis)

Date: Every 3rd Tuesday of each month/Time: 0830-1030/Where:
Riverside Coffee Shop, 16239 Hwy 70 E, Lenoir City, TN.

**East TN Women Veteran’s Network – Contact Jessica
Hodge at jessica.hodge@etnwomenveterans.com for
more information about the events below:**

PEARL RICH WOMEN VETERANS EDUCATIONAL SCHOLARSHIP - Deadline May 15

East TN Foundation for Women Veterans is currently accepting
applications for the Pearl Rich Women Veterans Educational
Scholarship which is open to female, service members, veterans, and
ROTC Cadets, who are enrolled or accepted for enrollment in a VA
accredited school or program for the 2024-2025 academic year.
Scholarship applications must be submitted by May 15. Awardee will
be notified by May 31 and will be expected to attend the ETWVN
Women Veterans Day Luncheon on June 8 to receive the scholarship.
The scholarship recipient must be living and going to school in East
Tennessee.

Apply here- <https://forms.gle/BtQCBFntVkJTvDHxv8>

WOMEN VETERANS DAY LUNCHEON - June 8

Join your sister veterans as we celebrate Women Veterans Day! We
have been doing a lot of fundraising and are pleased to provide a very
low cost but high-class luncheon. No guests allowed except for other
Women Veterans who must register themselves. Menu by Bissell
Catering: House Salad w/ Ranch* or Vinaigrette, Bissell’s Grilled
Chicken, World Famous Pork Tenderloin, Andy’s Special Red Mash
Potatoes, Rolls* w/Butter, Gluten Free Chocolate Cake, Sweet Tea,
Unsweet Tea, and Lemonade. *All items are Gluten Free apart from
Rolls and Ranch Dressing

WOMEN VETERANS DAY Public Party - June 12

Bring your family and friends and celebrate Women Veterans Day at this
self-pay event.

*“A hero is someone who has given his or her life
to something bigger than oneself.”*

~Joseph Campbell
