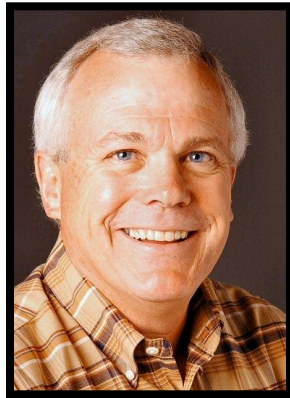


# SMCA 9th Annual One Day Conference

## Homegrown Healing

**Carson-Newman University  
Saturday, February 21, 2015  
Stokely Memorial Building**

**Keynote Speaker**



**Sam Venable**  
9:00am – 10:00am

For a low registration fee: you can choose four high quality education sessions from among twenty-eight. You will receive breakfast, lunch, and snacks throughout the day. You will enjoy a humorous keynote speech by Mr. Sam Venable, Knoxville News-Sentinel columnist. You will receive five (5) CEU certificate.

Register today and invite a colleague to join you. To register click or paste this link in your browser:

<https://www.regonline.com/builder/site/Default.aspx?EventID=1664295>

For more information, contact: SMCA president, Melissa Scoble at [melissa.scoble@knoxschools.org](mailto:melissa.scoble@knoxschools.org) or Dr. Michael Bundy at [mbundy@cn.edu](mailto:mbundy@cn.edu).

To read the list of 28 high quality breakout sessions, see pages below.

# Conference Schedule

| Time            | Activity                           | Location                   |
|-----------------|------------------------------------|----------------------------|
| 8:00 – 8:30am   | Registration/Continental Breakfast | Stokely Memorial Cafeteria |
| 8:30 – 9:00am   | Opening Session                    | Stokely Memorial Cafeteria |
| 9:00 – 10:00am  | Keynote Speaker                    | Stokely Memorial Cafeteria |
| 10:00 – 10:10am | Break                              |                            |
| 10:10 – 11:10am | Breakout Session 1                 | Education Department       |
| 11:10 – 11:20am | Break                              |                            |
| 11:20 – 12:20pm | Breakout Session 2                 | Education Department       |
| 12:25 – 1:45pm  | Lunch & ROTC Mini session          | Stokely Memorial Cafeteria |
| 1:50 – 2:50pm   | Breakout Session 3                 | Education Department       |
| 2:50 – 3:00pm   | Break                              |                            |
| 3:00 – 4:00pm   | Breakout Session 4                 | Education Department       |

## Map of C-N Education Department



(Below  
Stokely  
Memorial  
Cafeteria)

# Session 1

**10:10-11:10**

| Title  | Presenter  | Room |
|--|--|------|
| On being body-wise, mind-full and brain-less                                   | William L. Blevins, PhD, LMFT, LPC<br><i>The Blevins Institute</i>   | 27   |
| Creating a safe space for LGBTQ students in the school setting                 | Debbie Hawk, M.Ed<br>School Counselor; <i>Clinton High School</i><br>Kelly Hawk, Bailey Mays<br><i>Carson-Newman Graduate Students</i>   | 26   |
| A balancing act — Ethics and confidentiality counseling minor clients          | Megan Herscher, PhD., NCC., LPC-MHSP<br><i>Assistant Professor; Carson-Newman University</i><br>Courtney Shelton, Latisha Stover<br><i>Graduate Students, Carson-Newman University</i> | 55   |
| Beyond the Tape Review: Ways to Integrate the Expressive Arts into Supervision | Tiffany Brooks, M.A.<br><i>Doctoral Student, University of Tennessee</i>   | 57   |
| Growing children collaboratively between counselors and principals             | Stacey Guthrie, Ed.D<br><i>School Counselor; Dandridge Elem.</i><br>Tommy Arnold, Ed.S<br><i>Principal; Dandridge Elem.</i>  | 68   |
| Helping children heal: Play therapy with maltreated children                   | Emily Brown, M.S.<br><i>Doctoral Student Knox County Schools</i>   | 19   |
| Providing counseling support for first responders: Exploring EMS culture       | Rose Gamble, M.A., LPC-MHSP<br><i>University of Tennessee</i><br>Amanda DeDiego, M.S., NCC<br><i>University of Tennessee</i>   | 68   |

## Session 2

**11:20-12:20**

| Title  | Presenter   | Room |
|--|---|------|
| A dialogue between Frankl and Buddha:<br>Mindfulness skills in existential<br>counseling   | Dareen Basma, M.S.<br><i>University of Tennessee</i><br>Breanna Banks, M.A.<br><i>University of Tennessee</i><br>Tony Burch, M.S.<br><i>University of Tennessee</i>   | 57   |
| Child sexual abuse prevention<br>incorporating the darkness to light<br>program: Part 1  | Amy Rowling, BFA., MFA<br><i>Violence Prevention Educator</i><br><i>Knox County Health Department</i>   | 64   |
| Factors precipitating burnout and<br>strategies for wellness-based supervision   | Adam Stephens, M.S., NCC<br><i>University of Tennessee</i><br>Brittany Pollard, M.Ed<br><i>University of Tennessee</i>  | 19   |
| Four unique, homegrown programs<br>designed to increase the effectiveness of<br>high school counselors identifying and<br>addressing student needs | Kelli Nehf, M.S.<br><i>School Counselor; Lenoir City High</i><br>Caleb Crisman, MSC<br><i>School Counselor; Jefferson Co. High</i><br>Taylor Grindstaff, MSC<br><i>Counselor</i><br>Lori Gregory, MSC<br><i>Counselor; Prague, CR</i> | 68   |
| Integrative cognitive-behavioral Christian<br>counseling   | Douglas Fox, LPC., MHSP., M.Div   | 68   |
| Providing feedback in supervision:<br>Expectations, delivery and outcomes  | Jeff Sweeney, M.S., Ph.D<br><i>School Counselor; Lenoir City High</i>   | 24   |
| Social justice and advocacy  | Connie Theriot, Ph.D<br><i>Counselor Educator; Lincoln-Memorial</i><br>Linda Treadwell, Ed.S<br><i>School Counselor; Farragut Middle</i>  | 26   |

## Session 3

**1:50-2:50**

| Title   | Presenter  | Room |
|---|--|------|
| Child sexual abuse prevention incorporating the darkness to light program: Part 1 | Amy Rowling, BFA., MFA<br><i>Violence Prevention Educator<br/>Knox County Health Department</i>  | 64   |
| Discipline without stress   | Bruce Davenport, LPC<br><i>William Glasser Institute Faculty<br/>School Counselor; Patriot Academy</i><br>Jennifer Sanford, Ed.S<br><i>Asst. Principal; Patriot Academy</i>        | 64   |
| Doing the dishes: The Benefit and symbolism of wheel thrown pottery in therapy    | Rochell Butler, LPC-MHSP<br><i>Doctoral Candidate<br/>The University of Tennessee</i>  | 57   |
| Exploring the unresolved me: A qualitative analysis of grief mentor reflections   | Brittany Pollard, M.Ed<br><i>University of Tennessee</i><br>Adam Stephens, M.S., NCC<br><i>University of Tennessee</i>   | 19   |
| Meeting the college/career needs of your 'high flyers' as a public HS counselor   | Matt Koehler, M.S<br><i>counselor at Oak Ridge High School</i><br>Brianna Ottinger, MS., Ed.S<br><i>counselor at Oak Ridge High School</i>   | 55   |
| Pressing the issue: Suicide prevention and intervention awareness education       | Misty Davis<br><i>LMU Counseling Intern/Helen Ross McNabb</i><br>Leslie Cook, MA.<br><i>Helen Ross McNabb</i><br>Dr. Mark Tichon, LPC., MHSP<br><i>Lincoln Memorial University</i> | 55   |
| The school counselor-principal relationship: A critical collaboration             | Michael W. Hayes, EdD, LPC, NCC<br><i>Lincoln Memorial University</i><br>Deborah L. Hayes, EdD<br><i>Carson Newman University</i>  | 68   |
| Using art in supervision: A mandala case study                                    | Emma C. Burgin, M.A<br><i>University of Tennessee</i>  | 24   |

## Session 4

**3:00-4:00**

| Title   | Presenter  | Room |
|---|--|------|
| Personal healing: A brown bag of ethical tools and strategies for increasing the effectiveness of groups for all ages | Carolyn Brewer, Ed.D., NCC,<br><i>Carson-Newman University</i><br>Tiffany Buckles,<br><i>Graduate Student Carson-Newman University</i>   | 27   |
| Course delivery preferences for graduate students of counseling   | Brad Watts, M.S.<br><i>Clinical Mental Health Counselor</i><br>Camilla McKenzie, Kelly Helton<br>Kelly Hawk<br><i>Carson Newman University Graduate Students- Chi Sigma Iota</i> | 24   |
| Counselors as ethical advocates:<br>Addressing mental health stigma in the community                                  | Amanda DeDiego, M.S., NCC<br><i>University of Tennessee</i><br>Anna Lora Taylor, M.S.<br><i>University of Tennessee</i>  | 55   |
| Counseling victims of sexual assault: A five phase model  | Brooke Bagley MS., NCC<br><i>Sexual Assault Center of East Tennessee (A Service of Helen Ross McNabb)</i>  | 26   |
| Mindful content, mindful process: The Problem of “world” versus “worldview”   | James E. Collins, Ph.D.<br><i>Carson-Newman University</i><br>Joel A. Rudnick<br><i>Carson-Newman University</i>   | 19   |
| “No crystals required”: The wellness approach to supervision  | Emma C. Burgin, M.A<br><i>University of Tennessee</i>  | 68   |